



The Development and Evaluation of an Autism Specific Quality of Life Assessment for Use with Autistic Adults

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Background

Research reports autistic adults have poorer outcomes:



AutismCRC

Co-production

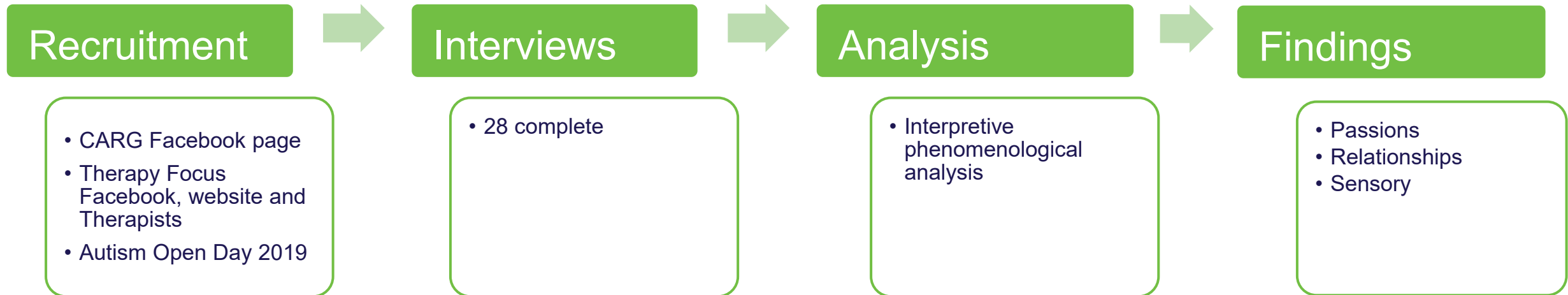
Involving the community in research leads to:

- Improved research quality
- More impactful results
- Community empowerment



Quality of Life Interview Study

Objective: To **identify aspects** of the **'life story'** of autistic adults which **they perceive to be most important** in contributing to **their Quality of Life**.



Quality of Life Photovoice Study

Objective: To **identify aspects** of the **'life story'** of autistic adults which **they perceive to be most important** in contributing to **their QoL**.

Recruitment

From interview study (n=14)

Social Media (n=1)

Video

Watch instructional video

Photo taking

Focus Group

2 focus groups

3 photos per participant

Individual Interview

Photos meaning

Identify themes





Solitude and nature

This is a long way from neighbours and other people. I am by myself here among the natural environment. Being in nature and the environment, I feel comfortable and relief from judgement.

**Belonging; Safety;
Tranquillity; Nature;
Freedom; Place;
Perspective**



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Preliminary Themes



Relationships



Health



Passions



Socialising



Identity



Sensory

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Curtin University

Curtin Autism Research Group

Autism West

Autism CRC

Consumer and Community Health Research Network

Curtin Gallery

Thank you

Questions?

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Autism CRC is the world's first national, cooperative research centre focused on autism. We are taking a whole-of-life approach to autism focusing on early years, schools years and adulthood.