

# Future Leaders



Zoe participated in the 2019 Future Leaders Program.

"I don't usually take risks, but through the program I could try new things in a supported way. Participating in Future Leaders enabled me to see how much I can achieve."

Zoe is committed to promoting inclusion for people with disabilities. Through Future Leaders, she was able to hone her ideas and develop the confidence and skills she needed to bring them to fruition.

Since Future Leaders, Zoe has designed and run an inclusion day program at her local Surf Lifesaving Club, with the purpose of bringing together the community, including people with disabilities.

Being a part of Future Leaders was the first time Zoe had been "in a space that was fully safe... I could see things other people did and try them out myself. It's given me skills that I can take forward into everyday life."



Left: A flyer for Zoe's inclusion day program run at her local Surf Lifesaving club.

Her inclusion day program was the winner of the Outstanding Achievement for the Lifesaving Victoria Awards of Excellence, and was nominated for a Bayside Council Australia Day award. The impact of the program has continued to inspire inclusion within her broader community, with one of the program's attendees deciding to make their sports programs more accessible to children with disabilities. Zoe will be running her inclusion day program again in 2021.

*The Future Leaders Program is Australia's first holistic leadership capacity building program for autistic adults. It empowers autistic adults to explore and develop their leadership skills and networks to positively impact their communities. The Future Leaders Program is delivered in partnership with Autism Spectrum Australia (Aspect).*

To find out more, visit [sylviarodgeracademy.com.au](http://sylviarodgeracademy.com.au)



# Sylvia Rodger Academy

The Sylvia Rodger Academy delivers nationwide programs that empower autistic adults.



Above: The 2018 Future Leaders participants.

## Our vision

Autistic people thriving through discovering and using their strengths.

## Our mission

Providing programs, pathways and networks that create communities where autistic people fully contribute and influence policy, practice and culture in partnership with their peers.

## Our Programs

Backed by research. Co-designed and developed by autistic adults, for autistic adults.



### Research Program

Upskills autistic adults and researchers to work together as research co-producers.



### Future Leaders

Australia's first holistic leadership capacity building program for autistic adults. Delivered in partnership with Autism Spectrum Australia (Aspect).



### Governance

Australia's first training program in corporate governance for autistic adults.

## Our Programs involve

Interactive learning modules

+

Residential workshop

+

Practical experience

## Contact us

### Sylvia Rodger Academy

Autism CRC  
The University of Queensland  
Long Pocket Precinct  
Level 3, Foxtail Building  
80 Meiers Road  
Indooroopilly Qld 4068

T +61 7 3377 0600

E [info@autismcrc.com.au](mailto:info@autismcrc.com.au)

W [sylviarodgeracademy.com.au](http://sylviarodgeracademy.com.au)



@autismcrc



AutismCRC



Australian Government  
Department of Industry, Science,  
Energy and Resources

AusIndustry  
Cooperative Research  
Centres Program